

# NE Region Compiled Report

## October 2014

### CHNS/CHPS

#### **Laura Cook**

- Presented “Making Healthy Choices” to KIPP Delta 7<sup>th</sup> and 8<sup>th</sup> grade students- education Included information about consequences of having sex such as HIV, STD and teen pregnancy. Also included information about emotional consequences and talked about dating violence and suicide. 85 students, boys and girls; 4 presentations- education pertaining to the dangers of smoking included in the Making Healthy Choices presentation. Educated on the effects of smoking on the body and when pregnant and how it affects the baby before and after delivery
- Conducted CPR instruction to Trumann HS students and education included about injury prevention and smoking. 112 students; 7 presentations
- Assisted/participated in the following school flu clinics – Valley View Intermediate, Valley View Elementary, Pocahontas School District, Nettleton Jr High, Nettleton Sr. High, Green County Tech Elementary, Green County Tech Intermediate, Trumann School District (Pilot for online forms), Wynne Intermediate and Wynne Jr High.

#### **Karen Davis**

- Assisted/participated with the following School Flu Clinics: Park Elementary and Central Elem in Corning District; Valley View School District, Maynard School District, Marmaduke School District, Hillcrest, Green County Tech Primary and Middle School, Fox Meadows, Piggott Elementary, Gosnell School District, Paragould Primary, Bay School District, Oak Grove Elementary, Lawrence County School District and Wynne School District
- Education provided on the harms of smokeless tobacco and smoking to approximately 400 4<sup>th</sup> & 5<sup>th</sup> grade students at Greene County Tech. Educated on how easy they could become addicted and how difficult it is to quit. Educated the 5th graders with parents that use tobacco, to encourage them to try quitting and if they have tried telling them that it normally takes several attempts so try again. Discussed how Tobacco companies are targeting kids. Educated on second and third hand smoke and ACT 811
- Tobacco Puppet Show was given to approximately 600 2<sup>nd</sup> and 3<sup>rd</sup> grade students at Greene County Tech. This activity educates on the harms of tobacco, cost of tobacco and the addiction. Also discussed act 811 with each class plus second and third hand smoke.

- Facilitated a Personal Care Training at the NEA Coop for Paraprofessionals in Special Ed. Dana Bennett was the presenter and approx. 30 participants attended
- Partnered/collaborated with PRC to provide the Fetal Alcohol Training at the NEA Coop with approximately 20 attending.
- Tobacco Presentation at Westside – Educated on the harms of smokeless and smoking to approximately 20 8<sup>th</sup> grade students. Discussed how easy they could become addicted and how difficult it is to quit. I also discussed the cost of tobacco use.
- Nutrition and Physical Fitness activity was given to approximately 300 Pre K, K and 1<sup>st</sup> grade classes at Paragould Primary Health Day. The Go, Slow and Wow program was given to them in which they learned what foods they should eat often and only occasionally. Running in place was the activity that was encouraged.

### **Becky Lamb**

- Facilitated the Paraprofessional Personal Care Training (11) & provided technical assistance to the trainers, copied manuals, and completed necessary paperwork for the class
- Taught Heart saver CPR and AED Training for new school employees. Taught BLS for HCP Re-newel for school nurse (1) Taught BLS for HCP CPR at England Elementary for school nurses (2)
- 2 classes of Heart saver CPR /AED for McCrory School Staff (12)
- Eating Disorders Presentation for Kappa Omicron Nu at Harding University (20)
- Hand washing presentation for Parents at Rose Bud Head Start
- Attended/Participated with an interactive booth at the Cabot Health Fair. Distribution of Tobacco Cessation information at Cabot City Employees Health Fair; Education with individual attendees about their desire to quit and gave them information on how to contact the quit line and pamphlets on the health consequences of tobacco use
- Participated/assisted in the following School Flu Clinics: McCrory Elementary/ High School campuses, Mt. View School District, White County Central School District, Newport Elementary, Des Arc Elementary/HS, Bald Knob School District, Quitman School District, Sidney Deener Elementary and Concord School District. Assisted with a community flu clinic at Judsonia and North Star EMS flu clinic

### **Cynthia Schaefering**

- Provided the Hearing and Vision Screening trainings for Cherokee Elementary new school nurse.

- Shaken Baby Syndrome presentation, presented to the students of Batesville High School Parenting class for Carolyn Hubbell. (25)
- Provided CPR trainings to students in Carolyn Hubbell's Child Care Class. (10)
- Provided BLS for HCP to Cave City School nurse
- Assisted at the Mountain View School District flu clinics, Hackler School flu clinic, Nelson-Wilkes, Greer's Ferry Westside School flu clinic, Hillcrest and Imboden Charter School flu clinics, Hoxie School, Melbourne, Mt. Pleasant, Sloan-Hendrix, Salem, Viola, Mammoth Spring, ICC, Southside, Walnut Ridge and Batesville Central Elementary to vaccinate students and staff in conjunction with the LHU Staff.
- Attended the Baxter County HHI meeting, met with Lou Anne McLendon afterwards to discuss school presentation possibilities in the Mountain Home School District. Discussed the issues with Bambi Bowden of HRA about Norfolk School and the participation in the APNA survey.
- Participated in the Ozarka College Community Health Fair to promote Tobacco Cessation and Youth Prevention with an interactive booth. Educated on LHU services including WIC, Breast Care, Women's Health Services, Immunizations, STD Testing, Injury Prevention and Poison Control. (400)

## **Dani Ennis**

- Green County Tech Elementary: Tobacco puppet shows- Educated 2nd and 3rd grade students on the risks associated with smoking. Educated on Act 811 and the hazards of 2nd and 3rd hand smoke Also discussed what nicotine does to the body and how it destroys organs. 24 presentations
- Westside Junior High: Smokeless tobacco presentation- educated 8th grade students about the risks associated with smokeless and regular smoking tobacco. Educated them on the injuries and illnesses that arise from using tobacco and how it changes the body into addictive behavior. 2 presentations
- Green County Tech Elementary: GO, SLOW, WOW nutrition presentation to elementary students. Educational/ interactive games to categorize vitamin, minerals and foods that are nutrient dense and calorie dense were used for student education. Students were educated on portion size and benefits of healthy eating and physical activity. 4 presentations
- Paragould Primary Health Fair- Presented interactive nutrition games to Primary students and the importance of veggies and fruits. Educated students on the benefits of healthy eating and exercises as it relates to learning, growing and preventing illness- This program worked collaboratively with an exercise activity.

- Westside HS Warrior Walk- volunteered at a 2mile Run/ Walk sponsored by the Westside Wellness Committee in honor of a student with a terminal illness. Collaborated with parents, volunteers and the wellness committee in numerous duties such as pass out shirts, cheer on runners, first aid and visit with guests on things they want to see in the future races.
- Walnut Ridge Elementary -Red Ribbon week presentation, educating elementary, middle and junior high school students on the risks associated with drug use, tobacco. Also elaborated on how to detect and prevent bullying in the schools. Played interactive games to initiate questions and test the knowledge of the students. Green County Tech JH- Red Ribbon Week presentation- educated junior high students on what drugs do to the body physically, mentally and emotionally. Discussed/educated on how to get help, how to prevent peer pressure and curiosity to try drugs- followed by Question and answer session - Interactive "game show" tools use to promote interest and participation. Collaborated with the student on why people do drugs and how to help addicts who are family and friends
- Hoxie JH- Educated junior high students on what CPR is and when and why we should use it. Demonstrated how to do CPR, check vitals, and use an AED. Educated on checking the scene of an accident and what to tell 911 when calling in an emergency- Spoke briefly about illnesses such as heart attack, its risk factors (tobacco, obesity) and how CPR could save a person's life. 2 presentations provided
- Participated/Clerical Support at 9 school flu clinics